

Laser Training Workshop

Ophthalmology Department
St Thomas' Hospital, London SE1 7EH

Saturday 22
November
08.45 to 17.45



An Intensive Practical Course on Laser Techniques for Ophthalmologists

(covers all NHS anterior and posterior segment laser techniques + laser safety certificate (a CQC requirement)

Refreshments will be provided
throughout the day

Registration via Ticket Tailor

www.tickettailor.com/events/eyehopecharity



For more details: www.eyehope.co.uk/current-events

Organisers: Adanna Obi, Samantha Mann

Speakers: St Thomas' Faculty

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AM LECTURES

Basic laser Safety

Capsulotomy, Excimer, Vitreolysis

Iridotomy, Iridoplasty, Selective Laser
trabeculoplasty, DSLT

Endoscopic CycloPhotocoagulation
(ECP), Cyclodiode & Trans-scleral
Micropulse

COFFEE BREAK

Focal retinal laser

Micropulse macular laser

Panretinal Photocoagulation

Photodynamic Therapy

VR Retinopexy + Floaterlysis

LUNCH + Alcon Voyager DSLT demo

Morning lectures will include
relevant clinical evidence from
landmark trials, RCOphth and
NICE guidance

PM PRACTICAL STATIONS

Capsulotomy

Iridotomy

Iridoplasty & Argon Pre-Treatment

Selective Laser trabeculoplasty

PRP & PDT

Focal laser & Macular Micropulse

Cyclodiode & Trans-scleral Micropulse

Indirect retinopexy

FEEDBACK & MEETING END

Practical stations will feature
SimulEYE (anterior segment)
and RetiEYE (posterior segment)
laser simulation props

If you need any additional information please
contact: Mrs Maria Bell
Email: eyehope@gmail.com

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MORNING PROGRAMME – SOUTH WING LECTURE THEATRE

START	END	LECTURE	SPEAKER
08.30	08.50	Registration & Refreshments	
08.50	09.00	Introduction	Samantha Mann & Adanna Obi
09.00	09.50	Laser Safety	Eric Barton
09.50	10.20	Capsulotomy, Excimer + Ant Seg Vitreolysis	Adanna Obi
10.20	11.05	Iridotomy, Iridoplasty & SLT/DSLT	Adanna Obi
11.05	11.30	Endocyclo laser, Cyclodiode & Micropulse	Ian Rodrigues
11.30	11.45	COFFEE BREAK + Alcon Voyager DSLT laser demo (Iris Clinic Waiting Area)	
11.45	12:00	Focal laser	Samantha Mann
12.00	12.10	Macular micropulse	Babis Eleftheriadis
12.10	12.30	PRP laser	Nigel Davies
12.30	12.45	PDT laser	Moin Mohamed
12.45	13.00	VR Retinopexy + Floaterlysis	Luke Michaels
13.00	13.05	PM session explanation	Adanna Obi & Samantha Mann
13.05	13.55	LUNCH BREAK + Alcon Voyager DSLT laser demo (Iris Clinic Waiting Area)	
17.15	17.30	FEEDBACK SESSION & CLOSE	

AFTERNOON PROGRAMME – IRIS/RIDLEY/NETTLESHIP CLINICS

The afternoon session consists of 10 practical stations which delegates will rotate through. There will be 10 groups with 3 delegates in each group. Groups will be assigned at registration. Each station is expected to last for 15 minutes, with 5 minutes provided to rotate from one station to the next. A bell will be rung to let delegates & facilitators know when to change stations.

TIME	ROOM A: Indirect retinopexy	ROOM B: PRP	ROOM C: Cyclodiode, MP3 & ECP	ROOM D: ALPI & Argon Pre-Treatment	ROOM E: LPI	ROOM F: SLT	ROOM G: QUILT demo station	ROOM H: Focal laser & Micropulse	ROOM I: PDT	ROOM J: YAG capsulotomy
14.00 - 14.15	Group 1	Group 10	Group 9	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2
14.20 - 14.35	Group 2	Group 1	Group 10	Group 9	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3
14.40 - 14.55	Group 3	Group 2	Group 1	Group 10	Group 9	Group 8	Group 7	Group 6	Group 5	Group 4
15.00 - 15.15	Group 4	Group 3	Group 2	Group 1	Group 10	Group 9	Group 8	Group 7	Group 6	Group 5
15.20 - 15:35	Group 5	Group 4	Group 3	Group 2	Group 1	Group 10	Group 9	Group 8	Group 7	Group 6
15.40 - 15.55	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1	Group 10	Group 9	Group 8	Group 7
16.00 - 16.15	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1	Group 10	Group 9	Group 8
16.20- 16.35	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1	Group 10	Group 9
16.40 -16.55	Group 9	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1	Group 10
17.00 -17.15	Group 10	Group 9	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1

10 groups - 15 mins/station + 5 mins transfer time (20 mins rotation; 3 delegates per group)			
Laser Procedure	Facilitator	Room	Laser
ROOM A: Indirect retinopexy	Luke Michaels	RAC treatment room	Norlase LYNX LIO
ROOM B: PRP	Nigel Davies	RAC triage room	Norlase ECHO multispot pattern
ROOM C: Cyclodiode & ECP	Ian Rodrigues	Iris preop assessment room	Iridex
ROOM D: ALPI and Argon Pre-Treatment	Adanna Obi	Iris assessment room	EasyRet
ROOM E: LPI	Joseph Olakkengil	Ridley Optometry office	Litechnica YAG/SLT
ROOM F: SLT	Tom Sherman	Ridley Optometry room 1	Litechnica YAG/SLT
ROOM G: QUILT demo station	Sam Mann	Nettleship vision cubicle	QUILT software
ROOM H: Focal laser & Macular micropulse	Babis Eleftheriadis & Isuru De Silva	Nettleship Laser 1	EasyRet
ROOM I: PDT	Moin Mohamed	Nettleship PDT room	PDT laser
ROOM J: YAG capsulotomy	Munazzah Chou	Ridley laser room	Ellex Tango Reflex
17.15 – 17.30	FEEDBACK SESSION & CLOSE		

Thanks to our sponsors!

As always, we are very grateful for the generosity of our industry supporters who have helped make this event possible by loaning us laser equipment and accessories, providing simulation aids and educating our delegates at their stands.

